





HUMIDITY IN YOUR FLAT?

HEAT AND VENTILATE YOUR HOME CORRECTLY

Monday 9am-12pm and 2pm-5pm
Tuesday 9am-12pm and 2pm-4pm
Wednesday 9am-2pm
Thursday 9am-12pm and 2pm-4pm
Friday 9am-12pm

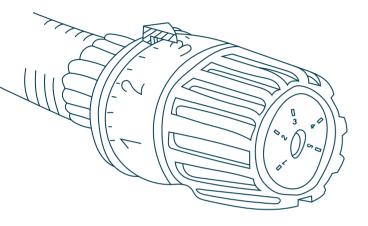
TENANTS' PORTAL

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13 TIPS FOR **KEEPING YOUR** ROOMS FRESH

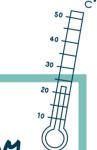




The colder months pose a challenge to many tenants. How do I heat my home properly and why do I have toventilate my home when it's so cold outside? Some tips from us on how to keep your indoor climate fresh in the winter and even save some money with the correct heating and ventilation habits.

THE DOORS

Doors between differently heated rooms should stay closed. Otherwise, warm, humid air will end up in a cooler environment. The result? An increased risk of mould!



ADJUST THE ROOM TEMPERATURE

Adjust the room temperature to your needs: We like it warm in the living room and bathroom, but it can be a bit colder in the kitchen and bedrooms, especially at night. It is recommended to lower a room's temperature during long periods of absence. Just 1° Celsius less reduces heating costs by approximately 6 per cent.

DON'T TURN THE HEATING OFF

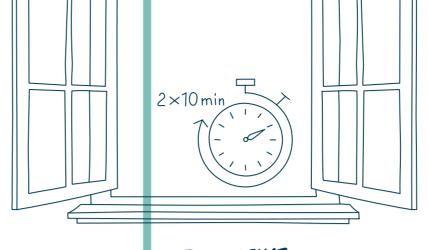
Don't turn your heating off completely when you leave the house. Heating up your home again in the evening uses more energy proportionally.

TURN THE HEATING DOWN

Incidentally, cracking the window open has hardly any effect and wastes energy. Even when intensely airing you should always make sure to turn down your heating, otherwise you can waste a lot of energy.

LEAVE RADIATORS UNCOVERED

Make sure that the radiators are uncovered, otherwise precious heat is lost.



INTENSIVE VENTILATION IS BEST

Intensive ventilation is the most effective method, even when it's cold outside. Because it takes a shorter amount of time to completely ventilate your whole room.

THERE'S FRESH AIR

Ventilation has a direct influence on your heating costs and your health. So make sure that the air in your home is always fresh.

AVOID STEAM

Lots of steam is generated from cooking, ironing, and the running the dishwasher. Always ventilate your rooms intensely afterwards to let to the moisture out.

ENSURE PROPER VENTILATION

Creating a draught will result in even better effects. But ensure that the doors and windows don't slam shutbecause of a strong draught.





ENCOURAGE AIR CIRCULATION

Cupboards and shelves shouldn't lean directly against exterior walls, so that air can circulate behind the furniture to prevent damp forming.

AIR ROOMS WITH NEW WINDOWS MORE OFTEN

Modern windows make it necessary to air rooms more often because they are tightly air-sealed, thereby preventing an easy and continuous exchange of air that was possible with old, wooden window frames.

AIR IN THE MORNING

People who air their rooms in the morning ensure a fresh air supply into their rooms and can start their day refreshed



AVOID MOULD

The kitchen, bathroom, and bedrooms in particular must be thoroughly ventilated to lead moisture outside and prevent the build-up of mould. Don't believe it? An adult emits around half a litre of moisture per night from sweating and breathing.